



Implementing Systematic Approaches to Tobacco Treatment in Clinical Settings: Principles of the Ottawa Model for Smoking Cessation

Tuesday, November 27, 2018

Timiskaming Health Unit - 247 Whitewood Ave., NewLiskeard
or 31 Station Rd., Kirkland Lake *(by video conference)*

10 a.m. – 12 p.m. Local Cessation Network Meeting
12 – 1 p.m. Lunch (provided)
1 – 3:30 p.m. Ottawa Model for Smoking Cessation

Please RSVP by November 20 to beardmorel@timiskaminghu.com

If you wish to attend morning or afternoon session only, please advise.

Presented By:

Kerri-Anne Mullen and Mustafa Coja
Ottawa Model for Smoking Cessation
University of Ottawa Heart Institute

At the end of this session, participants will:

- recognize the complexity of nicotine addiction;
- explain the components of the Ottawa Model, describe the rationale for the program and the science behind it;
- appreciate the need for systematic approaches to the identification and treatment of all smokers in healthcare settings;
- describe the step-by-step process for implementing the Ottawa Model and list the clinical tools available to assist with program delivery.
- describe lessons learned, challenges and successes, in delivering the Ottawa Model